

## Lecture 13 Notes

Lay down all of our sins:

Walk the second mile in sincere service to others  
Kneel in prayer to forgive all others and intercede for them  
Forsake all our sins with a broken heart  
Reconcile with God and man for our misdoings as far as possible  
Humbly abandon ignorance and confess sin with a contrite spirit before God.

-Sacrifice of all earthy things is the category that includes “what” we sacrifice, and is symbolized in the bread of life by the body of Christ, which he laid down

-Sacrifice of a broken heart and a contrite spirit explains “how” we sacrifice, and is symbolized with the blood of Christ, which brings us the same mind He had

-All sacrifice, no matter what portion of “all things” they represent at the time, must be done with the broken heart and contrite spirit to match the sincerity Christ displayed by His example.